

Self-Report Sexual Arousal Graph: Instructions

While sitting at a table at 90 degrees from the adolescent, place the first graph in front of the adolescent – start with the graph (male or female) that is the same gender as the adolescent. That is, for male adolescents start with the “Males” graph.

This is a special graph to help us look at the kinds of things that you would find sexually arousing; that is, things that would turn you on in a sexual way. Everyone is different regarding what kinds of things turn them on and turn them off, and it is important to go through this slowly. It is also really important that you are as honest as possible.

Point to the first graph.

You see that this graph has a scale from 0 to 10. Zero means that you would not be sexually aroused at all – that you would not find a person in that category sexually attractive at all. You might even think that it would be gross or disgusting. A 10 means that you would be really sexually aroused or turned on sexually. A 5 would mean that you would be somewhat turned on sexually, and so on. Down on the bottom are males or females of different age groups. Now the first group of ratings we are going to make are ratings of how turned on you would be doing sexual things with males or females without the use of force. For example, not pushing, or hitting, and no other violence; just doing sexual things and the person would go along with you.

Hand the adolescent a multi-color pen. You can also have available several different colors of pens/pencils.

First, choose a color and color in the box at the top of the graph that tells us whether you are describing sexual attraction to males or females.

Now color in the box that says “No Force,” because this will tell us about sexual arousal that doesn’t use force.

Interviewee takes pen and colors in the “No Force” legend with the colored pen.

Now, with that same color show me, by putting a mark on this graph, how sexually aroused you would be doing sexual things with a boy or girl aged 0-3, so that would be boy or girls who are newborn, and 1, 2, and 3 years old. Remember, everyone is different regarding what kinds of people turn them on. Now, what about your sexual arousal to males aged 4-6?

Continue through the age groups slowly.

When it comes to the “Other” category, one can ask about arousal to family members or other specific sexual targets that you want to question (e.g., animals).

Now, choose a different color and color in the “Force” box. Now we are going to rate how sexually turned on or aroused you would be if you used force to do sexual things with people. By “force,” I mean holding someone down or hitting them and making them do sexual things when they don’t want to. Everyone is different, and some people are more sexually turned on when they think of using force and some people are more turned off. For others, it doesn’t really change how turned on they would be. How does the use of force change how sexually turned on you would be doing sexual things with a male or girl aged 0 to 3?

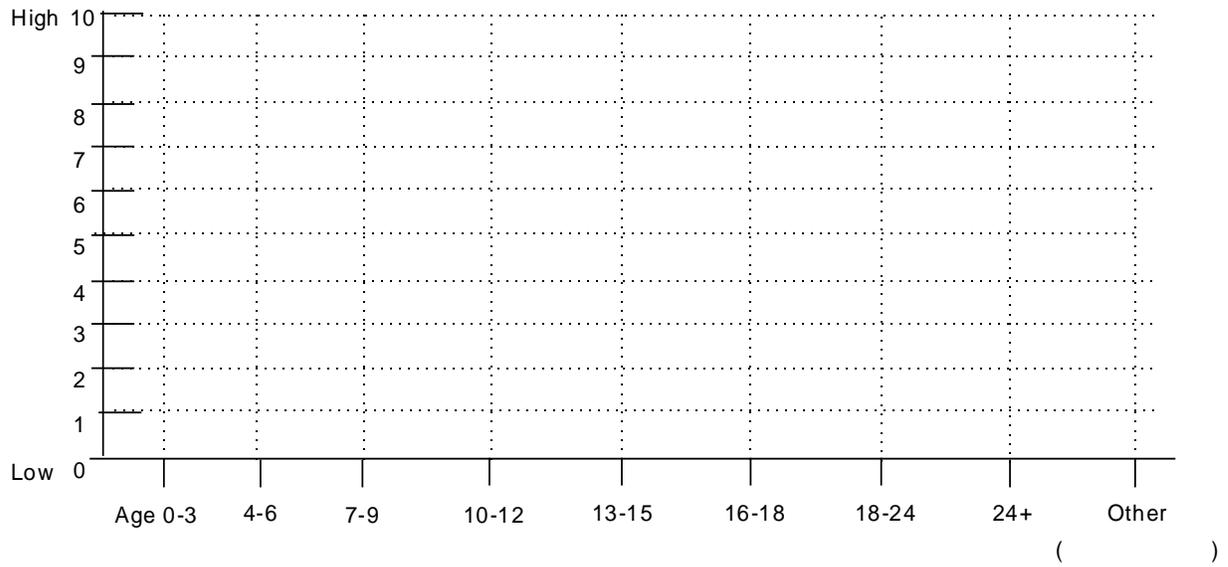
Now proceed through other age groups.

This whole procedure is then repeated with the graph for the second gender.

Self-Report Sexual Arousal Graph

Female

Male



Name: _____

No Force

Date: _____

Force