

## On-Line Group Supervision Group

Update: August 12, 2013

This on-line group is intended to provide group supervision and consultation for those working with sexually abusive youth. It is a fee based group, **but there will be no fee for the first group**, allowing folks the opportunity to see how and whether the group fits for them.

- Membership. Mostly practitioners working clinically with sexually abusive youth, although some graduate level students/interns. The group is open to practitioners in the US, Canada, and other countries, although this can raise time zone differences as we establish times to meet on-line.
- Group size. The group will be capped at 6. If there is more interest, I will start an additional group.
- How often and for how long. The group will meet once each month for two hours.
- The time. The group is currently meeting at noon eastern standard time, although the day varies from session to session. The noon time (EST) works best at the moment as we have members from the US and Europe, and so have to account for time zone differences.
- The fee. I always apply a sliding scale when it's needed. However, the fee is otherwise be \$120 for each group session (once a month), or a flat fee of \$650 for six sessions, including intermittent attendance (meaning it'll still cover six groups). If we later move to a three hour group, the fee will be \$150 per session. But... remember the sliding scale if needed. Also, the first group session for any new member will be "no fee."
- Payment. Payment can be made through PayPal. You'll have to have a PayPal account, but they're free.
- The first group. The first group will be a "no fee" group so that folks can see how the technology works, get a sense of who else might be in the group and what it might be like, and talk about what they want or hope for from the group, and from there decide about continued participation.
- The technology. This is a live face-to-face video group. All group members will be able to see, hear, and interact with one another. The technology is currently "Adobe Connect," but all that is required for group members is the ability to connect to website via a web link that users click on, which takes them to the on-line "meeting room."
- Equipment needed. You'll need a computer with a high speed broadband connection. It may be possible to join by tablet/pad or smart phone as well. You must have a webcam (preferable high definition), speakers, and microphones. Most new laptops and all tablets have these built in. However, it is useful to have and use a computer headset with built in microphone. **You need to make sure you have a fast enough internet connection or you'll see poor or frozen images and/or get poor sound or hear out of synch words, and may even get cut off. A wired Internet connection is usually better than wireless.**
- Content. I want to be responsive to what the group wants, although this will no doubt keep evolving. My own sense of the group is that participants will bring in specific cases to discuss (and not necessarily "stuck" cases), as well as specific models or ideas they wish to better understand and/or get consultative and peer supervision. In any case, the group should be about improving our ability to understand our cases, approach treatment and develop treatment interventions; build stronger therapeutic relationships, understand the field in which we work and its research, ideas, and directives; and our ability to feel more confident in our work no matter what our level of experience. That seems a fair description.
- Does this meet supervision requirements for licensure. I don't know as it will vary from locale to locale. In many cases, supervision is most pertinent only for those seeking first-time independent licensure. These sessions will probably meet those requirements, unless they require a specific license from the supervisor (such as licensed marriage and family counselor, psychologist, social worker, psychiatrist, etc.). Despite my doctorate (applied behavioral and group studies), my license is independent social worker. On the other hand, supervision is often not a requirement for re-licensure, although this may vary depending on your local licensing regulations and the type of license. If this is a concern or a driving factor, it will be important to check your local licensing requirements for your credential. Also be aware that only a certain number of group supervision hours are counted toward total required supervision, and this may be further limited if the supervision is on-line (rather than in the same room).
- How about CEUs. Sorry. CEUs are usually granted for formal trainings and these groups are not intended to be trainings. However, this doesn't mean you can't count some of these groups anyway, as many licensure boards consider more than just formal trainings in accepting CEUs.
- Agreements: I will ask everyone to read and submit an on-line group participation agreement regarding the intended purpose of the group and my role, confidentiality and privacy, liability (always important), and fee.

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