

Bumby Cognitive Distortions Scales: The RAPE Scale

Student: _____ **Age:** _____

Administered by: _____ **Date Administered:** _____

Please read each statement below carefully and circle the number that indicates how you feel about it. This is about what YOU truly believe, so DO NOT try to answer in a way that you think others will want you to answer.

1 = strongly disagree
 2 = disagree
 3 = agree
 4 = strongly agree

		Strongly Strongly Disagree		Agree
1. Men who commit rape are probably responding to a lot of stress in their lives, and raping helps to reduce that stress.....	1	2	3	4
2. Women who get raped probably deserve	1	2	3	4
3. Women usually want sex no matter how they can get it.	1	2	3	4
4. Since prostitutes sell their bodies for sexual purposes anyway, it is not as bad if someone forces them into sex.....	1	2	3	4
5. If a woman does not resist strongly to sexual advances, she is probably willing to have sex.....	1	2	3	4
6. Women often falsely accuse men of rape.	1	2	3	4
7. A lot of women who get raped had "bad reputations" in the first place.	1	2	3	4
8. If women did not sleep around so much, they would be less likely to get raped.	1	2	3	4
9. If a woman gets drunk at a party, it is really her own fault if someone takes advantage of her sexually.....	1	2	3	4
10. When women wear tight clothes, short skirts, and no bra or underwear, they are just asking for sex.	1	2	3	4
11. A lot of women claim they were raped just because they want attention.....	1	2	3	4
12. Victims of rape are usually a little bit to blame for what happens.	1	2	3	4
13. If a man has had sex with a woman before, then he should be able to have sex with her any time he wants.	1	2	3	4
14. Just fantasizing about forcing someone to have sex isn't all that bad since no one is really really being hurt.	1	2	3	4
15. Women who go to bars a lot are mainly looking to have sex.....	1	2	3	4
16. A lot of times when women say "no," they are just playing hard to get and really mean "yes.".....	1	2	3	4
17. Part of a wife's duty is to satisfy her husband sexually whenever he wants it, whether or not she is in the mood.....	1	2	3	4
18. Often a woman reports rape long after the fact because she gets mad at the man she had sex with and is just trying to get back at him.....	1	2	3	4
19. As long as a man does not slap or punch a woman in the process, forcing her to have sex is not as bad.	1	2	3	4
20. When a woman gets raped more than once, she is probably doing something to cause it.....	1	2	3	4

Bumby Cognitive Distortions Scales: The RAPE Scale: Continued

1 = strongly disagree
 2 = disagree
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		Strongly Strongly		
		Disagree	Agree	
21. Women who get raped will eventually forget about it and get on with their lives.....	1	2	3	4
22. On a date, when a man spends a lot of money on a woman, the woman ought to at least give the man something in return sexually.....	1	2	3	4
23. I believe that if a woman lets a man kiss her and touch her sexually, she should be willing to go all the way.....	1	2	3	4
24. When women act like they are too good for men, most men probably think about raping the women to put them in their place.....	1	2	3	4
25. I believe that society and the courts are too tough on rapists.....	1	2	3	4
26. Most women are sluts and get what they deserve.....	1	2	3	4
27. Before the police investigate a woman's claim of rape, it is a good idea to find out what she was wearing, if she had been drinking, and what kind of a person she is.....	1	2	3	4
28. Generally, rape is not planned – a lot of times it just happens.....	1	2	3	4
29. If a person tells himself that he will never rape again, he probably won't.....	1	2	3	4
30. A lot of men who rape do so because they are deprived of sex.....	1	2	3	4
31. The reason a lot of women say “no” to sex is because they don't want to seem loose.....	1	2	3	4
32. If a woman goes to the home of a man on the first date, she probably wants to have sex with him.....	1	2	3	4
33. Many women have a secret desire to be forced into having sex.....	1	2	3	4
34. Most of the men who rape have stronger sexual urges than other men.....	1	2	3	4
35. I believe that any woman can prevent herself from being raped if she really wants to.....	1	2	3	4
36. Most of the time, the only reason a man commits rape is because he was sexually assaulted as a child.....	1	2	3	4