

Bumby Cognitive Distortions Scales: The MOLEST Scale

Student: _____ **Age:** _____

Administered by: _____ **Date Administered:** _____

Please read each statement below carefully and circle the number that indicates how you feel about it. This is about what YOU truly believe, so DO NOT try to answer in a way that you think others will want you to answer.

1 = strongly disagree
 2 = disagree
 3 = agree
 4 = strongly agree

	Strongly Disagree		Strongly Agree
1. I believe that sex with children can make the child feel closer to adults	1	2	3 4
2. Since some victims tell the offender it feels good when the offender touches them, the child probably enjoys it and it probably won't affect the child much.....	1	2	3 4
3. Many children who are sexually assaulted do not experience many major problems because of the assaults.....	1	2	3 4
4. Sometimes, touching a child sexually is a way to show love and affection	1	2	3 4
5. Sometimes children don't say no to sexual activity because they are curious about sex or enjoy it.	1	2	3 4
6. When kids don't tell that they were involved in sexual activity with an adult it is probably because they liked it or weren't bothered by it.	1	2	3 4
7. Having sexual thoughts and fantasies about a child isn't all that bad because at least it is not really hurting the child.	1	2	3 4
8. If a person does not use force to have sexual activity with a child, it will not harm the child as much.	1	2	3 4
9. Some people are not "true" child molesters; they are just out of control and made a mistake.			
10. Just fondling a child is not as bad as penetrating a child and will probably not affect the child as much.	1	2	3 4
11. Some sexual relations with children are a lot like adult sexual relationships	1	2	3 4
12. Sexual activity with children can help the child learn about sex.	1	2	3 4
13. I think child molesters often get longer sentences than they really should.	1	2	3 4
14. Kids who get molested by more than one person probably are doing something to attract adults to them.	1	2	3 4
15. Society makes a much bigger deal out of sexual activity with children than it really is.....	1	2	3 4
16. Sometimes molesters suffer the most, lose the most, or are hurt the most as a result of a sexual assault on a child more than a child suffers or is hurt.	1	2	3 4
17. It is better to have sex with one's child than to cheat on one's wife.....	1	2	3 4
18. There is no real manipulation or threat used in a lot of sexual assaults on children.	1	2	3 4
19. Some kids like sex with adults because it makes them feel wanted and loved.	1	2	3 4
20. Some men sexually assaulted children because they really thought the children would enjoy how it felt	1	2	3 4
21. Some children are willing and eager to have sexual activity with adults.	1	2	3 4

Bumby Cognitive Distortions Scales: The MOLEST Scale: Continued

1 = strongly disagree
 2 = disagree
 3 = agree
 4 = strongly agree

	Strongly Disagree			Strongly Agree
22. During sexual assaults on children, some men ask their victims if they like it because they really want to please the child and make them feel good.	1	2	3	4
23. Children who have been involved in sexual activity with an adult will eventually get over it and go on with their lives.	1	2	3	4
24. Some children can act very seductively.	1	2	3	4
25. Trying to stay away from children is probably enough to prevent a molester from molesting again.	1	2	3	4
26. A lot of times, sexual assaults on children are not planned – they just happen.	1	2	3	4
27. Many men sexually assaulted children because of stress, and molesting helped to relieve that stress.	1	2	3	4
28. A lot of times, kids make up stories about people molesting them because they want to get attention.	1	2	3	4
29. If a person tells himself that he will never molest again, then he probably won't.	1	2	3	4
30. If a child looks at an adult's genitals, the child is probably interested in sex.	1	2	3	4
31. Sometimes victims initiate sexual activity.	1	2	3	4
32. Some people turn to children for sex because they were deprived of sex from adult women. ...	1	2	3	4
33. Some young children are much more adult-like than other children.	1	2	3	4
34. Children who come into the bathroom when an adult is getting undressed or going to the bathroom are probably just trying to see the adult's genitals.	1	2	3	4
35. Children can give adults more acceptance and love than other adults.	1	2	3	4
36. Some men who molest children really don't like molesting children.	1	2	3	4
37. I think the main thing wrong with sexual activity with children is that it is against the law.	1	2	3	4